

Let's Get Ready!

Planning Together for Emergencies™



Parents and Caregivers

You and your family help one another every day by getting ready for work and school. You also do things to keep one another safe, such as buckling up in the car. Preparing for emergencies is another great way to get ready and keep your family safe.

Young children can help! Through simple activities and games, you can discover how to get ready for emergencies together. Everyday moments you share, such as passing by a police officer, are great opportunities to talk about the people, places, and things that will help keep your family safe if an emergency happens.

Guide your child through the activities on this page to help him practice important personal information. If he's not with you during an emergency, he can share this information with trusted adults. To view the "Let's Get Ready" video and access more downloadable materials, visit sesamestreet.org/ready. You'll find activities, tips, and other easy ways to help the whole family prepare for emergencies – together!

Hello, everyone!

I, your furry, blue friend Grover, am getting ready for emergencies! Did you know that an emergency is something that happens that we do not expect? Families can get ready for emergencies by making an emergency plan together. And you can also get ready by practicing your name, your phone number, and your address. Will you practice with me? You will? Oh, I am so pleased!



Sing Your Name With Rosita.

Now try it with your parents' first and last names. Well sung!

My first name is Rosita; I'll sing it loud.

**My last name is de las Cuevas;
it makes me proud!**

**I'm Rosita de las Cuevas; now I bet –
That's a name you'll never forget!**



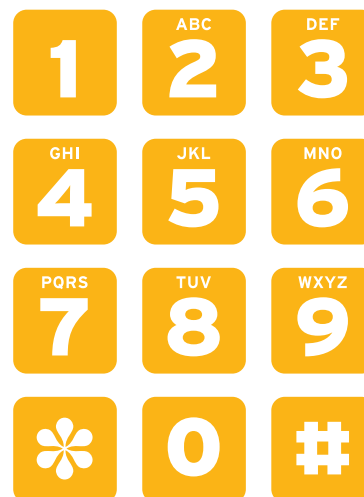
Practice Your Address

On a sheet of paper, draw a picture or paste a photo of your home. Ask a grown-up to help you write your address on the picture.



Dial Your Number

Ask a grown-up to help you write your phone number on the line. Then use your finger to practice pressing the numbers.



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My Phone Number

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