

## COUNSELING/ LOCAL MENTAL HEALTH RESOURCES

### General Family/Individual/Group Counseling Services:

<p>Catholic Family Services/United Way 311 South Main, Ste. 100 O'Fallon, MO 63366-2807 <b>P:</b> 636.281.1990 <b>F:</b> 636.281.1995 Emergency Pager: 314-790-9090 Provide free counseling to uninsured OF students</p>	<p>Youth In Need 516 Jefferson St. St. Charles, MO 63301 636-946-0101 Safe Place: 636-946-3771 Free counseling to students under the age of 18 who reside in St. Charles County.</p>
<p>Counseling in Action 223 N. Main St. St. Charles, MO 63301 314-397-3454 Medicaid accepted</p>	<p>Kelly Mehan, MSW, LCSW 408 Jefferson St. St. Charles, MO 63301 314-440-5800 Registered Play Therapist (sees ages 3-12) <a href="http://www.kscounselingstl.com">www.kscounselingstl.com</a></p>
<p>Tracy Turner-Burnberry, LPC 428 McDonough Street, Suite 201 St. Charles, MO 63301 636-724-1224 Licensed counselor and certified play therapist</p>	<p>Lisa Orf Putnam, PhD/Child Psychologist 914 Hemsath Road, Suite 104B St. Charles, MO 63303 636-916-4646 Monday-Thursday 8am-8pm</p>
<p>Step by Step Counseling 1550 Wall St., Suite 224 St. Charles, MO 63303 636-225-0002 Licensed counselor and certified play therapist</p>	<p>Psychological Network, Inc. 58 Portwest Court St. Charles, MO 63303 636-916-5800 Medicaid accepted Monday-Thursday 8am-8pm Friday 8am-4pm</p>
<p>Learning Consultants 115 Olympic Way St. Peters, MO 63376 636-498-0776 Social motivational groups, educational consulting</p>	<p>Families in Focus, Inc. 1272 Jungermann Road, Suite C St. Peters, MO 63376 636-928-5800 Accepts Healthcare USA, Molina</p>
<p>Dr. Melissa Kinser Psychological Network 58 Portwest Court St. Charles, MO 63303 636-916-5800 Eating disorders Therapist</p>	<p>Judith Meredith. LPC 820 S. Main St. Charles, MO 63301 636-627-7974 Sliding scale Accepts Medicaid and private insurance</p>
<p>Main Street Counseling, LLC 1286 Jungermann St. Peters, MO 63376 <a href="http://Mainstreetcounseling.com">Mainstreetcounseling.com</a> 636-498-0700 Private insurance only</p>	<p>Kids In The Middle North Hanley 314-909-9922      <a href="http://kidsinthemiddle.org">kidsinthemiddle.org</a> Specializing in helping children cope with divorce No Medicaid but sliding scale available</p>
<p>Lutheran Family Services 2800 Elm St. St. Charles, MO 63301 314-787-5100 –main office line Sliding scale available</p>	<p>Lisa Eaton Sandhill Counseling 801 S. Woodlawn Ave., Suite 29 O'Fallon, MO 63366 Phone: 636-379-1779 <a href="http://www.sandhillcounseling.com">www.sandhillcounseling.com</a></p>

<p>Behavioral Solutions          Lisa Gilbertson          636-493-9299          Info.behasolutions.com          Mental wellness in Spanish</p>	<p>Comtrea          21 Municipal Drive          Arnold, MO 63010          636-296-6206          Fee for service Medicaid and some MC+          Substance abuse treatment and mental health</p>
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**Other Mental Health Agencies/ Resources:**

<p>Centrepointhe Hospital          5931 Highway 94 South          St. Charles, MO 63304          636-441-7300          Intake: 636-477-2136          Inpatient and outpatient behavioral health treatment          Free assessment 24 hrs a day</p>	<p>Crider Health Center          1032 Crosswinds          Wentzville, MO 63385          636-332-6000          Child, adolescent and family primary healthcare,          psychiatric services, and counseling</p>
<p>Youth In Need          516 Jefferson Street/ 1815 Boone's Lick Road          St. Charles, MO 63301          636-946-0101          Individual, group &amp; family therapy; parent support          groups; teen-parent services; emergency shelter          SAFE PLACE 636-946-3771</p>	<p>Bridgeway Behavioral Services          1601 S. Old River Road          St. Charles, MO 63301          636-757-2300          Substance abuse counseling, sexual assault          counseling, domestic violence counseling, gambling          addiction, outpatient/inpatient</p>
<p>Preferred Family Healthcare          2 Westbury          St. Charles, MO 63301          636-946-6376          Adolescent substance abuse counseling and          treatment, Free prevention counseling, sliding scale</p>	<p>St. Louis Crisis Nursery          315 First Capital Dr.          St. Charles, MO 63301          636-947-0600          Provides respite care for families at-risk of child          abuse and provides referrals as needed, free services</p>
<p>Alternative Behavioral Care          255 Spencer Rd. Suite 101          St. Peters, MO 63376          636-477-6111          Alternativebehavioralcare.com          k-12 counseling and psychiatric services and          counseling services. Also have a substance abuse          component, heroine treatment. Does take Medicaid.</p>	<p>Step by Step Counseling LLC          Jennie Wilson          1550 Wall Street, Suite 244          St. Charles, MO 63303          636-255-0002          Experience working with schools and children          Medicaid acceptance and private insurance</p>
<p>NAMI          200 S. Kingshighway          Suite 101          St. Charles, MO 63301          Holds support groups, trainings, and one on one          family support for families with Mental Illness. Free          11 week parent training course</p>	<p>BJC Behavioral Health          Call center-314-729-4004          Toll Free-877-729-4004          Sliding scale, fee for service Medicaid          Four centers throughout County and City          Intensive services for OP all ages; screenings for          Hawthorne</p>
<p>Hopewell Center          1504 S. Grand BLVD.          North and Central City 63104          314-531-1770          Sliding scale</p>	<p>YWCA-Womens Resource Center          140 N. Brentwood Blvd.          314-726-6665          Ages 14-adult          Individual and group therapy for sexual          assault/abuse issues          funded by grants          24 hour crises line:314-531-7273 (rape)</p>
<p>Leading Strings Counseling          Andy Anderson, MA, PLPC          2850 West Clay suite 255 St Charles          Children and Adolscents-ADHD, ODD, CD,          Autism, parents mnngt trainings</p>	<p>St. Charles Psychiatric Services          330 First Capitol Drive          Suite 390          St Charles, MO 63301          Office-636-949-5760</p>

<p>Psych Care Consultants 49005 Mexico Road St. Peters, MO 63376 636-928-5109</p>	<p>St. Anthony's Hyland Behavioral Health 10018 Kennerly Road St. Louis, MO 63128 314-525-4400 www.stanthonysmedcenter.com</p>
<p>United Services for Children 4140 Old Mill Parkway St. Peters, MO 63376 www.unitedsrvs.org</p>	<p>Creve Coeur Counseling Institute 10176 Corporate Square Drive Suite 100 S. Creve Coeur, MO 63132 314-991-0100</p>
<p>Piney Ridge Residential treatment centers 1000 Hospital Road Waynesville, MO 65583 573-774-5353</p>	<p>Alternative Options Counseling Services www.alternativeoptionscounseling.net 1137 N. Main Street Suite 2 O'Fallon Complete Multi-Cultural, individual, family and group counseling services.</p>

**24 Hour Crisis Lines:**

<p>Life Crisis 314-647-4357 Provides counselors for any crisis</p>	<p>Behavioral Health Response Crisis Hotline 1-800-811-4760</p>
<p>Kids Under Twenty One (KUTO) 314-644-5886 Offers teens opportunity to speak with other teens</p>	<p>Youth In Need 636-946-3771 or 636-724-7171 Provides crisis support and shelter for youth Safe Place: 636-946-3771</p>
<p>Hunger Hotline 314-726-5355 Provides referrals/vouchers to local food pantries</p>	<p>National Suicide Hotline 1-800-273- TALK</p>
<p>United Way Help Hotline 211 Provides referrals for assistance with food, housing, utilities, counseling services</p>	<p>BJC Behavioral Health Hotline 1-800-811-4760</p>
<p>Preferred Family Healthcare 314-518-7482 24 hour on call services</p>	<p>YWCA-women's sexual abuse 24 hour hotline 314-531-7273 (rape)</p>

The agencies listed are neither associated with nor endorsed by the Orchard Farm School District, its Administration and staff or the Board of Education. Please consult with your insurance company regarding in-network and out-of-network providers.