

**To:** Orchard Farm R-5 School District Board of Education  
**From:** Mrs. Marianne Doll, Director of Special Services  
**CC:** Dr. Daniel Dozier, Superintendent of Schools  
 Dr. Timothy McInnis, Assistant Superintendent of Schools  
**Date:** January 17, 2012  
**Re:** Annual Coordinated School Health Report and Evaluation

**Please find attached a copy of the 2011-2012 Annual Coordinated School Health Report and Evaluation.**

**It is respectfully requested that the Board of Education review and approve this report.**

**Please direct questions to Marianne Doll, Director of Special Services, at 636-250-5212 or [mdoll@ofsd.k12.mo.us](mailto:mdoll@ofsd.k12.mo.us)**

**1. Coordinated School Health Advisory Committee.** The Coordinated School Health Advisory Committee meets at least twice annually in October and April. At meetings, the committee discusses and makes recommendations in the seven areas that make up coordinated school health:

1. comprehensive school health education
2. opportunities for physical activity for students that include physical education
3. school nursing and other health services
4. healthy school environment
5. school-site health promotion for staff
6. school nutrition services
7. school counseling, psychological, and social services

The names of roles of advisory committee members are listed below:

<u>Name</u>	<u>Role</u>	<u>Name</u>	<u>Role</u>
Marianne Belcke	Middle & High School Parent	Phil Kendall	High School Physical Education Teacher
Shandra Bextermueller	Middle School counselor		School District Nurse
Ken Biermann	District Patron	Amy Liesmann	
Kelly Bristol	9 <sup>th</sup> Grade Counselor		
Betheny Brown	Discovery Elementary School Principal	Tim McInnis	Assistant Superintendent
		Kelly Meyer	Middle & High School Parent
Brandon Cox	Elementary Physical Education Teacher	Shelby Meyer	High School Student
		Chris Miller	Middle School Physical Education Teacher
Cindy Dahm	Parent/Paramedic		
Marianne Doll	Director of Special Services	Jerry Oetting	Orchard Farm Elementary School Principal
Dan Dozier	Superintendent		
Kristine Dunkmann	Orchard Farm Elementary Counselor	Tara Olendorff	District Social Worker
		Melissa Poertner	Elementary Teacher
Camille Frost	High School/Middle School FACS Teacher	Randy Shields	Director of Support Services
		Brian Smith	High School Principal
Renee Green	Food Service Director	Wade Steinhoff	Middle School Principal
Vinita Henry	Middle & High School Parent	Erin Stopke	Elementary School Parent
Elizabeth Henry	Middle School Student	Betsy VanScoyk	School District Nurse
Luci Hines	Discovery Elementary School Nurse	Amanda Williams	Elementary School Physical Education Teacher
			High School Health Teacher
Greg Jones	Orchard Farm High School Assistant Principal/A+ Coordinator	Brad Yount	

**2. Coordinated School Health Mission:** The Orchard Farm School District, in cooperation with families, community agencies, district staff, and students will work together to achieve optimal levels of wellness through the Coordinated School Health Program. This program will coordinate the delivery of comprehensive health services, physical and health education, and nutritious food choices in the school environment.

**3. Coordinated School Health Vision:** The Orchard Farm School District, recognizing that students and staff need to be healthy to learn, and need to learn to be healthy, has a vision of health and education working together at the district level to meet the health and education needs of students and staff.

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### 5. MSIP-IV Standards and Indicators for Coordinated School Health

***8.12: The district has developed and implemented a program for school health services which includes goals and objectives, service activities, and an evaluation design.***

***Indicator 1. The district has a written health services plan and health care services which include:***

- ***Goals and measurable objectives aligned with the CSIP and student performance data.***
  - The Coordinated School Health program is aligned with CSIP Goal #3: Facility, Support and Instructional Services.
  - Measurable Objective #1: Orchard Farm R-5 School District will provide and maintain facilities conducive to the best learning environment and opportunities for its students.
  - Measurable Objective #2: Orchard Farm R-5 School District will provide sufficient support resources conducive to the best learning environment and opportunities for its students.),

- ***Program evaluation criteria and procedures:***

The Orchard Farm School District Coordinated School Health Program is evaluated annually during the month of January. The evaluation report is compiled and written by the Director of Special Services and is submitted to the Board of Education at the regular January meeting. All aspects of coordinated school health are reported and evaluated, including comprehensive school health education, opportunities for physical activity for students that include physical education, school nursing and other health services, healthy school environments, school-site health promotion for staff, school nutrition services, and school counseling, psychological, and social services. The Board of Education approves the report and evaluation.

• ***Board-approved written policies on the administration of medication, contagious and infectious diseases, immunization for school children, confidentiality of health records, and child-abuse reporting):***

Orchard Farm School District Board Policy JHCD requires procedures for the administration of prescription and over-the-counter drugs, including herbal preparations, vitamins, and substances that claim or purport to be medicinal or performance enhancing. Medications must be prescribed by an authorized prescriber and administered by a district nurse, or under the supervision of the nursing office. Students are not allowed to self-administer medications while at school. Students with appropriate documentation from a physician and parent permission may carry emergency medication such as an epi-pen or an asthma inhaler.

Orchard Farm School District Board Policy JHC requires that students with contagious diseases be excluded from attendance. This policy also requires the confidentiality of student health records.

Orchard Farm School District Board Policy JHCB requires that students be immunized as required by law, unless formally exempted for religious or medical reasons.

Missouri law currently requires students entering kindergarten or 1<sup>st</sup> grade to have a vision examination by a licensed optometrist or ophthalmologist, unless the parents request in writing to opt out. This law is enforced by the Orchard Farm School District nurses.

School Board Policy JHG requires district staff members to comply with the state child abuse and neglect laws and the mandatory reporting of suspected neglect and/or abuse. Staff members who suspect neglect or abuse will report to the school principal or his/her designee (often the school counselor, but sometimes the district social worker), and the principal or designee will make a report via the Child Abuse Hotline to the Children's Division, as required by law.

• ***Procedures for first aid and emergency care (including accident-reporting procedures) and records of students served:***

Orchard Farm School District has procedures in place for first aid and emergency care.

In the case of a student accident or injury, a Student Injury Report Form must be completed and forwarded to the nursing office, the personnel office, and the office of the Director of Special Services. Accident forms are kept on file until the student has reached the age of 23. At that time, the accident forms are destroyed, according to the requirements of the Public School Records Retention Schedule published by the Missouri Secretary of State.

In the case of a staff accident or injury, a Staff Injury Report Form must be completed and forwarded to the nursing office, the personnel office, and the office of the Director of Special Services. Staff must indicate if they accept or refuse a Workers Compensation claim, and if refused, must state the reason.

Injury Report Forms are located under staff resources on the district website.

Emergency care procedures vary based on the nature of the medical emergency. Training in first aid, CPR, and the use of AED equipment has been provided to selected staff and 41 are currently certified. Of those certified in CPR/AED, 29 are transportation employees. In August 2011, training in allergy prevention and response, and standard precautions was provided to all staff as required by Board Policy JHCF. This training included the use of epi-pens. In addition, selected staff received training for response to seizures.

- ***Procedures for maintaining up-to-date cumulative health records including immunization records and emergency contact information:***

As required by Board Policy JHC, the nursing office at Orchard Farm School District maintains student health records, including the maintenance of emergency information forms for each student. Emergency information forms are updated at least annually. As a part of each student's health record, nursing staff keep a log of clinic visits. The records are retained and/or destroyed based on the Missouri Public School Records Retention Schedule.

- ***Procedures for providing comprehensive health screenings, making referrals for identified health problems, and sharing information with parents/guardians:***

Beginning July 1, 2008 (167.194 RSMo), every child enrolling in kindergarten or first grade in a public elementary school in Missouri shall receive one comprehensive vision examination performed by a state licensed optometrist or physician. Orchard Farm School District nurses School District Nurses conduct vision and hearing screening for all students entering kindergarten, and for students entering 1<sup>st</sup> grade who have never attended kindergarten. All students in grades 1, 3, 5, and 7 receive a vision screening through UMSL (For supporting data, see page 7). Students with disabilities may be screened more frequently, if needed. Parents of students who fail vision or hearing screenings are notified in writing. Students also receive hearing and vision screening per parent and/or teacher request.

If the School District Nurses suspect any type of health problem, parents are notified as soon as possible via phone call and will be notified in writing if attempts via phone are unsuccessful. Important parent contact is documented appropriately in SIS-K12.

- ***Procedures for monitoring students' chronic health problems and for developing strategies for addressing such problems to ensure individual students' academic progress:***

Orchard Farm School District Nurses develop an individualized health plan (IHP) for all students with chronic health problems. These plans outline procedures for insuring the health and safety of the individual students while making certain that students are in the classroom during instructional times to the greatest extent appropriate. Instructions specific to individual students and their health are documented in SIS K12, along with any pertinent

doctors' orders. Students could have individual health plans for life-threatening allergies, diabetes, seizure disorders, asthma, or other serious or life-threatening conditions.

**8.13: A school foods program is available which makes at least one nutritionally balanced meal available to all students each day in accordance with Federal and State Child Nutrition Program regulations and guidelines.**

**Indicator 1: Documentation indicates that the district's food services program is operated in accordance with all applicable regulations and guidelines.**

Orchard Farm School District contracts with Chartwells to provide food service for the students (and staff). Chartwell's staff use Nutri-Kids software to insure that nutrition in all school meals meets or exceeds the guidelines provided by the state of Missouri. School cafeterias serve both breakfast and lunch, exceeding the guideline of serving at least one nutritionally balanced meal each day. For supporting data, see page 9.

**6. MSIP-IV Report Writing Form**

**8.12: The district has developed and implemented a program for school health services which includes goals and objectives, service activities, and an evaluation design.**

**8.12.1 Team Response**

1. The Orchard Farm School District **does** have a written comprehensive health services plan which includes:
  - A.  Yes  No *Goals and measurable objectives aligned with the CSIP and student performance data*
  - B.  Yes  No *Program evaluation criteria and procedure*
  - C.  Yes  No *Board-approved policies on:*
    - Administration of medication
    - Contagious and infectious diseases
    - Immunization for school children
    - Confidentiality of health records
    - Child-abuse reporting
  - D.  Yes  No *Procedures for first aid and emergency care, including*
    - Accident-reporting procedures
    - Records of students served
    - Locked storage for medicines
    - Training of staff on first aid, CPR, and blood-borne pathogens/bodily fluids
  - E.  Yes  No *Procedures for maintaining up-to-date cumulative health records, including*
    - Immunization records
    - Emergency contact information
    - Locked storage of health records
  - F.  Yes  No *Procedures for providing:*
    - Comprehensive health screenings
    - Referrals of identified health problems
    - Health information to parents/guardians
  - G.  Yes  No *Procedures for monitoring and strategies for addressing chronic health problems*

### 8.12.2 Team Response

1. The health services plan and program **are** reviewed by a registered nurse **and** a consulting physician annually. The district employs a lead nurse and two other registered nurses and contracts with a consulting physician.

## 7. Supporting Data:

### Area 1: Comprehensive School Health Education

**Health curriculum:** In accordance with the Coordinated School Health Vision of Orchard Farm School District, a guaranteed and viable health curriculum is necessary for students to “learn to be healthy”. The development of health curriculum is an ongoing process involving all health and physical education teachers, and lead by the IAC Coordinator, Amanda Williams. Curriculum development includes creating and improving objectives, assessments, activities, and instructional methods, and insuring that these four components are properly aligned. Orchard Farm School District continues to improve an aligned, guaranteed and viable health curriculum.

In addition to the district curriculum, Mercy Health Systems has made an additional health resource available to students and teachers in the Orchard Farm School District. This resource is called *Health Teacher* and provides web-based activities that address a number of health curriculum objectives.

### Area 2: Opportunities for Physical Activity for Students that Include Physical Education

**Legislation:** In 2011, there was no new legislation impacting the provision for physical activity for students that include physical education. All district schools meet with activity requirements of SB 291, the Education Omnibus Bill, passed during the 2009 legislative session. School districts are required to provide 150 minutes of moderate physical activity per week at the elementary level, and 225 minutes of moderate physical activity per week at the middle school level. If recess is used at the elementary school to provide moderate physical activity, the school must include one recess period of at least twenty minutes per day. This legislation became effective at the beginning of the 2010-2011 school year.

**Physical Education:** Orchard Farm School District offers a comprehensive physical education instructional program beginning in kindergarten and extending through high school. Orchard Farm High School students are required to complete 1.5 credits (three semesters) of physical education to graduate.

**Extra- and Co-Curricular Activities:** Orchard Farm School District offers intramural and inter-scholastic sports for both boys and girls on the secondary level. Participation in high school inter-scholastic sports programs is detailed in the following chart, indicating that about half of all high school students are involved in sports:

Grade	Enrollment		Athletes		Participation %	
	2010	2011	2010	2011	2010	2011
9	114	93	63	58	55.3%	62.4%
10	121	110	71	60	58.7	54.5%
11	95	112	37	50	38.9	44.6%
12	91	91	40	34	43.9	37.4%
<b>Total</b>	<b>421</b>	<b>406</b>	<b>211</b>	<b>202</b>	<b>50.1%</b>	<b>49.8%</b>

Other activities, such as marching band, also provide opportunities for physical activity.

### **Area 3: School Nursing and Other Health Services**

**Vision Examinations and Screenings:** Beginning July 1, 2008 (167.194 RSMo), every child enrolling in kindergarten or first grade in a public elementary school in Missouri shall receive one comprehensive vision examination performed by a state licensed optometrist or physician. Orchard Farm School District nurses keep necessary records to enforce this law. FY12 is the final year for this law, as it sunsets on June 30, 2012, and is unlikely to be reauthorized. It is still recommended that children in kindergarten, 1<sup>st</sup>, and 3<sup>rd</sup> grades have an eye exam.

The district nurses screen the incoming kindergarten students prior to entering school and the UMSL School of Optometry (facilitated by Dr. Vinita Henry, a district resident and member of the Coordinated School Health Advisory Committee) comes every year and screens students in grades 1, 3, 5, and 7. The Lions Club comes to the Orchard Farm Preschool at Discovery Elementary and screen preschool students for amblyopia.

Vision Screening data from 2007-2011 reported in the chart below:

**Vision Screening Data**

Grade	# Students Screened					# Students Passed					# Students Failed					% Students Failed				
	'07	'08	'09	'10	'11	'07	'08	'09	'10	'11	'07	'08	'09	'10	'11	'07	'08	'09	'10	'11
1	108	117	105	31	105	71	104	85	25	85	37	13	20	6	20	34%	11%	19%	19%	19%
3	111	99	118	102	108	84	83	100	87	86	27	16	18	15	22	24%	16%	15%	15%	20%
5	107	102	108	93	127	77	89	89	61	98	30	13	19	32	29	28%	13%	17%	34%	23%
7	100	105	109	109	117	70	86	96	78	87	30	19	13	31	30	30%	18%	12%	28%	26%
<b>Total</b>	<b>426</b>	<b>423</b>	<b>440</b>	<b>335</b>	<b>457</b>	<b>302</b>	<b>362</b>	<b>370</b>	<b>251</b>	<b>356</b>	<b>124</b>	<b>61</b>	<b>70</b>	<b>84</b>	<b>101</b>	<b>29%</b>	<b>14%</b>	<b>16%</b>	<b>25%</b>	<b>22%</b>

**Nursing Clinic Visits:** Longitudinal data from the last seven years shows the numbers of clinic visits from August-December. Data indicate that the highest rate of clinic visits is at Discovery Elementary School and the lowest rate of clinic visits is in the middle school. The rate of clinic visits/student has been increasing every year since FY09, and is currently the highest it has been in the last seven years. While the rate of clinic visits has remained flat at Orchard Farm Elementary, Orchard Farm Middle School, and Orchard Farm High School when compared to last year (FY11), the rate at Discovery Elementary has increased significantly. These data are reported in the chart on page 8.

### **Area 4: Healthy School Environment**

Staff safety on the job, as measured by the annual number of Workers' Compensation claims, is noted in the chart on page 8. In the last six years, the number of claims has ranged from 4 to 10.

<b>Annual Number of Workers' Compensation Claims</b>	
	<b>Number of Claims</b>
2006	10
2007	7
2008	9
2009	6
2010	4
2011	9

**Student Visits to the Nursing Offices**  
(includes regular visits for the administration of medications)

<b>2005-2006</b>			
<b>School</b>	<b># Clinic Visits from Aug.-Dec.</b>	<b># Students in Enrolled</b>	<b>Rate in Visits/Student</b>
Elementary	2904	607	4.78
Middle School	1109	311	3.57
High School	1656	391	4.24
<b>Total</b>	<b>5669</b>	<b>1309</b>	<b>4.33</b>
<b>2006-2007</b>			
Elementary	2907	613	4.74
Middle School	905	302	3.00
High School	704	383	1.84
<b>Total</b>	<b>4516</b>	<b>1298</b>	<b>3.48</b>
<b>2007-2008</b>			
Elementary	3685	727	5.07
Middle School	1215	326	3.73
High School	980	405	2.42
<b>Total</b>	<b>5880</b>	<b>1458</b>	<b>4.03</b>
<b>2008-2009</b>			
Elementary	3452	741	4.66
Middle School	888	327	2.72
High School	781	416	1.88
<b>Total</b>	<b>5121</b>	<b>1484</b>	<b>3.45</b>
<b>2009-2010</b>			
Elementary	3685	767	4.80
Middle School	1002	318	3.15
High School	1023	432	2.37
<b>Total</b>	<b>5710</b>	<b>1517</b>	<b>3.76</b>
<b>2010-2011</b>			
Discovery Elementary*	1702	264	6.45
Orchard Farm Elementary	2610	504	5.18
Middle School	1214	359	3.38
High School	1446	431	3.35
<b>Total</b>	<b>6972</b>	<b>1558</b>	<b>4.47</b>
<b>2011-2012</b>			
Discovery Elementary*	3201	306	10.46
Orchard Farm Elementary	2456	472	5.20
Middle School	1063	326	3.26
High School	1516	428	3.54
<b>Total</b>	<b>8236</b>	<b>1532</b>	<b>5.38</b>

\*Discovery Elementary number includes pre-school students.



On campus accident data, as determined by injury reports filed, is reported in the following chart. With only three years of data, it is difficult at this time to determine a trend.

Injury Reports			
Category	Number of Reports in 2009	Number of Reports in 2010	Number of Reports in 2011
Discovery ES	N/A	3	13
Orchard Farm ES	15	7	7
Middle School	14	9	4
High School	43	26	41
Staff	4	22	11
<b>Total</b>	<b>76</b>	<b>67</b>	<b>76</b>

**Area 5: School-Site Health Promotion for Staff**

The goal of the employee wellness program is to reach out to all employees to promote good health and to serve as role models to the student served by Orchard Farm School District.

For the 2011-12 school-year, 70 people signed up to participate in the employee wellness program. This year, the program consists of teams of 5 who track the miles that they walk over a week long period. On the following Monday, they tell their team captain how many miles they walked. The captain then adds up the team total and turns them in to Amanda Williams, who tracks the teams’ progress throughout the year. Once every few months, the team that has consistently walked the most miles, as well as the team that has improved the most, get gift cards to *Subway* as an incentive. At the end of the year, during the Orchard Farm Second Annual 5K, the teams will celebrate their achievement by walking as a group during the race.

The Orchard Farm Second Annual 5K/1 Mile Walk will be April 21, 2012. It will be held on the main campus again this year with the 5K starting at 8:30 and the 1 Mile Walk starting at 9:30. This event is open to all Orchard Farm staff, students, and community members, and 50% of the proceeds will be donated to the American Cancer Society through the United Way.

In addition to the exercise promotions listed above, the nursing office offers a voluntary “Staff Health Inventory” program. District employees are asked to fill out a “Staff health Inventory Form”. The request is made one time at the beginning of the year, and the information provided is voluntary and confidential. The information is shredded at the end of each school year.

**Area 6: School Nutrition Services**

**Supporting Data:** Using the Nutri-Kids Program, menus for each level (elementary and secondary) are balanced each week (combined lunch/breakfast) to meet or exceed the following nutrition guidelines:

Calories	> 100%*
Cholesterol	<100%*
Sodium	<100%*
Fiber	>100%*
Iron	>100%*
Calcium	>100%*
Vitamin A	>100%*
Vitamin C	>100%*
Protein	>100%*
Total Fat	<100%*
Saturated Fat	<100%*
Sodium	<100%*
Carbohydrates	50-55%*

\*percentage of minimum daily requirement

Orchard Farm School District exceeds the guidelines for total fat (<30%) and saturated fat (<10%), and is in 100% compliance with drink guidelines.

For the 2011-2012 school year, Chartwells is continuing promotion campaigns to help students learn about nutrition and healthy food choices. The district is moving towards Obama's Healthier US Challenge recommendations at the elementary level, by offering only balanced choice snacks, eliminating most desserts, and offering more fresh fruits and vegetables as part of the meals. The students are offered balance choice breakfast and lunch options at the secondary level, as well as fresh salads and wraps. Fresh fruits and vegetables are also used to complete secondary meals.

## **Area 7: School Counseling, Psychological, and Social Services**

**School Counseling:** School counselors have provided some guidance curriculum and some responsive services in the form of small group counseling during calendar 2011. Counseling groups provided to students were as follows:

<b>2011 School Counseling Groups</b>				
<b>Time Frame</b>	<b>Frequency</b>	<b>Grade Level</b>	<b>Group Topic</b>	<b># Students</b>
Spring 2011	Weekly/7 weeks	3 <sup>rd</sup> grade	Friendship	6
Spring 2011	Weekly/18 weeks	High School	Anger Management	6
Spring 2011	Weekly/18 weeks	High School	Healthy Choices	6
Spring 2011	Weekly/5 weeks	High School	Teen Parenting	1
Fall 2011	Weekly/3 weeks	Kindergarten	Following Rules	5
Fall 2011	Weekly/3 weeks	Kindergarten	Social Skills/ Control	5
Fall 2011	Weekly/6 weeks	Kindergarten	Anger Management	2
Fall 2011	Weekly/6 weeks	Kindergarten	Following Directions	3
Fall 2011	Weekly/4 weeks	K-1 <sup>st</sup> grade	Personal Space Skills	4
Fall 2011	Once	1 <sup>st</sup> -5 <sup>th</sup> grades	New Student/Welcome	17 (5 groups)
Fall 2011	Weekly/3 weeks	1 <sup>st</sup> grade	Following Rules/Directions	5
Fall 2011	Weekly/3 weeks	1 <sup>st</sup> grade	Social Skills	5
Fall 2011	Weekly/6 weeks	2 <sup>nd</sup> grade	Social Skills/Tolerance	9
Fall 2011	Weekly/2 weeks	2 <sup>nd</sup> grade	Social Skills/Friendships	6
Fall 2011	Weekly/2 weeks	2 <sup>nd</sup> grade	Diversity	5
Fall 2011	Weekly/18 weeks	3 <sup>rd</sup> grade	Social/Friendship Skills	3
Fall 2011	Weekly/6 weeks	4 <sup>th</sup> grade	Social/Friendship Skills	7 (2 groups)
Fall 2011	Weekly/6 weeks	5 <sup>th</sup> grade	Social/Friendship Skills	3
Fall 2011	Weekly/18 weeks	5 <sup>th</sup> grade	Friendship	2
Fall 2011	Weekly/8weeks	6 <sup>th</sup> grade	Decision Making	2
Fall 2011	Weekly/8 weeks	6 <sup>th</sup> grade	Social Skills/Friendship	3
Fall 2011	Weekly/6 weeks	7 <sup>th</sup> grade	Divorce Discussion Group	2
Fall 2011	Weekly/6 weeks	7 <sup>th</sup> grade	Anger Management	2
Fall 2011	Weekly/8 weeks	8 <sup>th</sup> grade	Social Skills/Friendship	3
Fall 2011	Weekly/18 weeks	8 <sup>th</sup> grade	Social Skills	1
Fall 2011	Weekly/6 weeks	9 <sup>th</sup> grade	7 Healthy Habits	5
Fall 2011	Weekly/18 weeks	High School	Anger Management	5
Spring 2012	Weekly/18 weeks	3 <sup>rd</sup> grade	Social/Friendship Skills	3
Spring 2012	Weekly/6 weeks	3 <sup>rd</sup> grade	Social/Friendship Skills	4
Spring 2012	Weekly/6 weeks	3 <sup>rd</sup> -5 <sup>th</sup> grades	Divorce	4
Spring 2012	Weekly/6 weeks	4 <sup>th</sup> grade	Social/Friendship Skills	4
Spring 2012	Weekly/6 weeks	5 <sup>th</sup> grade	Social/Friendship Skills	4
Spring 2012	Weekly/12 weeks	5 <sup>th</sup> grade	Self-Esteem/Empowerment	12
Spring 2012	Weekly/8 weeks	6 <sup>th</sup> grade	Decision Making	2-4
Spring 2010	Weekly/8 weeks	6 <sup>th</sup> grade	At-Risk/Healthy Decisions	3
Spring 2012	Weekly/18 weeks	8 <sup>th</sup> grade	Social Skills	1
Spring 2012	Weekly/8 weeks	8 <sup>th</sup> grade	Social Skills/Friendship	2-4

**Psychological Assessments:** The District Psychological Examiner, Jennifer Pipkens, assesses students for special education, gifted education and acceleration, ELL instructional needs, and for 504. The numbers of assessments completed in the calendar years 2009, 2010, and 2011 are noted below, as well as changes in numbers of assessments since the baseline data was collected in 2009. Mrs. Pipkens also provides leadership and expertise with the Response to Intervention (RtI) instructional initiative at both Discovery Elementary and Orchard Farm Elementary.

	2009	2010	2011	# Change since 2009	% Change since 2009
<b>Special Education Assessments</b>	<b>79</b>	<b>94</b>	<b>79</b>	<b>0</b>	<b>0%</b>
Number found eligible	46	58	54	+8	+17.4%
Number found ineligible	33	36	25	-8	-24.3%
<b>Gifted/Acceleration Assessments</b>	<b>30</b>	<b>26</b>	<b>18</b>	<b>-12</b>	<b>-40.0%</b>
Number found gifted	8	3	4	-4	-50.0%
Number found non-gifted	23	19	13	-10	-43.5%
Number eligible for academic acceleration	1	2	1	0	0%
<b>ELL Assessments</b>	<b>4</b>	<b>8</b>	<b>10</b>	<b>+6</b>	<b>+150%</b>
Number found eligible	3	8	10	+7	+233%
Number found ineligible	1	0	0	-1	-100%
<b>504 Assessments</b>	<b>5</b>	<b>17</b>	<b>20</b>	<b>+15</b>	<b>+300%</b>
Number found eligible	5	15	15	+10	+200%
Number found ineligible	0	2	5	+5	Not defined
<b>Totals</b>	<b>118</b>	<b>145</b>	<b>127</b>	<b>+9</b>	<b>+7.6%</b>

**Social Services:** Orchard Farm School District continues the partnership with Crider Center through the School-Based Mental Health Specialist program, though there has been significant personnel turn-over in the last two years. At the beginning of 2010, Pam Smalley, SBMHS, was promoted by Crider Center, and her position was filled by Kevin Scobey. Mr. Scobey resigned in August 2010, and the position was assumed by Tracy Birkenbine. In September, 2011, Mrs. Birkenbine resigned, and Crider recently hired Kristina Kersting to fill the position. During 2011, the School-Based Mental Health Specialists worked with 14 students from Orchard Farm School District and their families. Ms. Kersting currently has a full caseload of 16 families. Students on the SBMHS caseload must have a medically diagnosed mental health condition.

In addition to the School-Based Mental Health Specialist, Orchard Farm School District provides social work services to students and their families through the District Social Worker, Tara Olendorff. Ms. Olendorff worked with 97 students and their families during 2011.

Through the social work office, fifteen Discovery and Orchard Farm Elementary students are participating in Operation Back Pack. This program is affiliated with Operation Food Search, and provides a back pack of food every weekend during the school year to feed the student over the weekend.

Orchard Farm continues the partnership with Preferred Family Health Care, Team of Concern, to work with students who are at-risk for substance abuse. During 2011, 17 Orchard Farm secondary students were assisted by the Team of Concern.

Crisis counseling is provided to students following traumatic incidents on the Orchard Farm campus, or involving Orchard Farm students or staff. In the fall of 2011, crisis counseling was provided after a car accident involving students, the

cancer diagnosis of a fourth grade student, and to students when friends or acquaintances were arrested and/or incarcerated, and/or experienced crises with substance abuse. .

## **8. 2011 Orchard Farm Coordinated School Health Goals Report**

Coordinated School Health Programs are recommended jointly by both the Missouri Department of Elementary and Secondary Education and the Missouri Department of Health and Senior Services. The suggested components of a Coordinated School Health Program are reflected in the goals for 2011, listed below.

**Goal 1: Comprehensive school health education:** The Orchard Farm School District will provide classroom health instruction that addresses the physical, mental, emotional, and social dimensions of health, develops health knowledge, attitudes and skills, and is tailored to each age level. This instruction is designed to motivate and assist student to maintain and improve their health, prevent disease, and reduce health-related risk behaviors. Evaluation of this goal will be as follows:

- The health education teachers will continue to write, post, review, and improve the health curriculum that is posted on EATonline, as measured by comparisons in both quantity and quality between the curriculum that is currently posted, and the curriculum that will be posted at the end of December 2011. **MET. Curriculum continues to be refined.**
- Administrators supervising health education classes will conduct fidelity checks to ensure that the written curriculum is being implemented in health classes. **MET. Building administrators ensure curriculum fidelity through the evaluation and supervision process.**

**Goal 2: Opportunities for physical activity for students that include physical education:** The Orchard Farm School District will provide planned sequential instruction that promotes lifelong physical activity. This instruction is designed to develop basic movement skills, sports skills, and physical fitness as well as to enhance mental, social and emotional abilities. Evaluation of this goal will be as follows:

- The physical education teachers will continue to write, post, review, and improve the physical education curriculum that is posted on EATonline, as measured by comparisons in both quantity and quality between the curriculum that is currently posted, and the curriculum that will be posted at the end of December 2011. **MET. Curriculum continues to be refined.**
- Administrators supervising physical education classes will conduct teacher evaluations fidelity checks to ensure that the written curriculum is being implemented in physical education classes. **MET. All physical education teachers are observed and evaluated according to the requirements of the Orchard Farm School District evaluation procedures.**
- Participation rate data for extracurricular activities providing the opportunity for physical activity, such as sports and marching band, will be reviewed and analyzed. **MET. 49.8% of high school students participated in at least one sport during the 2010-11 school year. Approximately twenty musicians and four color-guard participated in marching band.**

**Goal 3: School nursing and other health services:** Orchard Farm School District will provide preventive services, education, emergency care, referral and management of acute and chronic health conditions. These services are designed to promote the health of students, identify and prevent health problems and injuries, and ensure care for students. Evaluation of this goal will be as follows:

- Collect and evaluate data on student visits to nursing offices. **MET. Visits to the nursing offices in 2011 are approximately the same as in 2010, with the exception of Discovery Elementary School. Visits at Discovery have increased greatly.**
- Collect and evaluate data on student vision screenings performed by UMSL School of Optometry. **MET. 22% of students in grades 1, 3, 5, and 7 failed their vision examinations.**
- Collect data on number of accidents in 2010, as measured by accident reports received and compare to 2009 data. **MET. Total district data is equal to the baseline data collected in 2009.**
- Collect baseline data on number of students administered prescription medications on a regular basis by the nursing offices. **IN PROCESS.**
- Train staff in CPR, first aid, universal precautions, response to seizures, use of epi-pens, use of AEDs, and in any other areas that become necessary. **MET. 41 staff persons, including 29 transportation employees, are certified in CPR/First AID/AEDs. New staff and staff working directly with students who have seizure disorders were trained in response to seizures. New staff and staff working directly with students who have significant allergies were trained in the use of epi-pens. All staff persons were trained in universal precautions.**

**Goal 4: Healthy School Environment:** Orchard Farm School District will provide a physical, emotional, and social climate designed to provide a safe physical plant, as well as a healthy and supportive environment that fosters learning. Evaluation of this goal will be as follows:

- Collect baseline data on number of accident reports from each building. **MET. These data were collected and can be found in the body of this report.**
- Report on activities or structures in place in each school that promote student “connectedness” to the school. **MET. Data were collected on counseling groups, counseling and social work services, and athletic participation. This information can be found in the body of this report.**
- Collect baseline data on indoor air quality, asbestos abatement, or any other potential environmental hazards. **NOT MET. This benchmark will be continued.**

**Goal 5: School-site health promotion for staff:** Orchard Farm School District will offer fitness activities for school faculty and staff that are designed to maintain and improve the health and well-being of school staff, who serve as role models for students. Evaluation of this goal will be as follows:

- Collect and evaluate data from the 2010-2011 walking program at Discovery Elementary School. **NOT MET.**
- Collect and evaluate data on the 1<sup>st</sup> Annual Orchard Farm 5K and 1 Mile Fun Run. **MET. Despite the cold and rainy weather, there was good participation.**

**Goal 6: School nutrition services:** Orchard Farm School District will provide nutritious, affordable and appealing meals, nutrition education, and an environment that promotes healthy eating behaviors for all children. Evaluation of this goal will be as follows:

- Review data to ensure that school food service meals meet or exceed Missouri EatSmart Guidelines. **MET.**

**Goal 7: School counseling, psychological, and social services:** Orchard Farm School District will provide activities that focus on cognitive, emotional, behavioral, and social needs of individual, groups, and families. These activities are designed to prevent and address problems, facilitate positive learning and healthy behavior, and enhance healthy development. Evaluation of this goal will be as follows:

- Collect data reflecting numbers of students receiving services from the School-Based Mental Health Specialist and the District Social Worker. **MET. A total of 14 Orchard Farm students worked with School-Based Mental Health Specialists in 2011, and 97 students worked with the District Social Worker.**
- Report on counseling groups from the previous 12 month, including topics and numbers of students served. **MET. Information on counseling groups is reported in the body of this report.**
- Report on numbers of students receiving school funded psychological evaluations (including special education evaluations). **MET. School funded psychological evaluations (including those for special education, Section 504, ELL, and gifted education) have increased 7.6% compared to baseline data collected in - calendar 2009.**
- If applicable, report on services provided to Orchard Farm students during or following a crisis. **MET.**

## 9. 2012 Orchard Farm Coordinated School Health Goals

Coordinated School Health Programs are recommended jointly by both the Missouri Department of Elementary and Secondary Education and the Missouri Department of Health and Senior Services. The suggested components of a Coordinated School Health Program are reflected in the goals for 2012, listed below:

**Goal 1: Comprehensive school health education:** The Orchard Farm School District will provide classroom health instruction that addresses the physical, mental, emotional, and social dimensions of health, develops health knowledge, attitudes and skills, and is tailored to each age level. This instruction is designed to motivate and assist student to maintain and improve their health, prevent disease, and reduce health-related risk behaviors. Evaluation of this goal will be as follows:

- The health education teachers will continue to write, post, review, and improve the health curriculum that is posted on EATonline, as measured by comparisons in both quantity and quality between the curriculum that is currently posted, and the curriculum that will be posted at the end of December 2012.
- Administrators supervising health education classes will conduct fidelity checks to ensure that the written curriculum is being implemented in health classes.
- Participation rate data for extracurricular activities providing the opportunity for physical activity, such as sports and marching band, will be reported.

**Goal 2: Opportunities for physical activity for students that include physical education:** The Orchard Farm School District will provide planned sequential instruction that promotes lifelong physical activity. This instruction is designed to develop basic movement skills, sports skills, and physical fitness as well as to enhance mental, social and emotional abilities. Evaluation of this goal will be as follows:

- The physical education teachers will continue to write, post, review, and improve the physical education curriculum that is posted on EATonline, as measured by comparisons showing changes between the curriculum that is currently posted, and the curriculum that will be posted at the end of December 2012.
- Administrators supervising physical education classes will conduct teacher evaluations fidelity checks to ensure that the written curriculum is being implemented and effective instruction is being delivered in physical education classes.

**Goal 3: School nursing and other health services:** Orchard Farm School District will provide preventive services, education, emergency care, referral and management of acute and chronic health conditions. These services are designed to promote the health of students, identify and

prevent health problems and injuries, and ensure care for students. Evaluation of this goal will be as follows:

- Collect and evaluate trend data on student visits to nursing offices, and make decisions regarding placement of personnel based on these trends.
- Collect and report summary data on student vision screenings performed by UMSL School of Optometry.
- Collect data on number of injuries in 2011, as measured by injury reports received, and compare to data from previous years.
- Collect data on number of students administered prescription medications on a regular basis by the nursing offices, and compare to 2010 baseline of 18 students district-wide data.
- Train all staff in Allergy Prevention and Response and Standard Precautions as required by Board Policy JHCF.
- Train selected staff in CPR, first aid, use of AEDs, response to seizures, and in any other areas that are necessary to ensure the health and safety of staff and students.

**Goal 4: Healthy School Environment:** Orchard Farm School District will provide a physical, emotional, and social climate designed to provide a safe physical plant, as well as a healthy and supportive environment that fosters learning. Evaluation of this goal will be as follows:

- Collect data on number of accident reports from each building and compare to 2010 data.
- Train all staff in Crisis Prevention and Interventions in response to the requirements of Board Policy JGGA.
- Report on activities or structures in place in each school that promote student “connectedness” to the school.
- Collect baseline data on indoor air quality, asbestos abatement, or any other potential environmental hazards.

**Goal 5: School-site health promotion for staff:** Orchard Farm School District will offer fitness activities for school faculty and staff that are designed to maintain and improve the health and well-being of school staff, who serve as role models for students. Evaluation of this goal will be as follows:

- Collect and report data the 2011-2012 walking teams.
- Collect and report data on the 2nd Annual Orchard Farm 5K and 1 Mile Fun Run.

**Goal 6: School nutrition services:** Orchard Farm School District will provide nutritious, affordable and appealing meals, nutrition education, and an environment that promotes healthy eating behaviors for all children. Evaluation of this goal will be as follows:

- Review data to ensure that school food service meals meet or exceed Missouri EatSmart Guidelines.

**Goal 7: School counseling, psychological, and social services:** Orchard Farm School District will provide activities that focus on cognitive, emotional, behavioral, and social needs of individual, groups, and families. These activities are designed to prevent and address problems, facilitate positive learning and healthy behavior, and enhance healthy development. Evaluation of this goal will be as follows:

- Report data reflecting numbers of students receiving services from the School-Based Mental Health Specialist and the District Social Worker.
- Report on counseling groups from the previous 12 month, including topics and numbers of students served.
- Report on numbers of students receiving school funded psychological evaluations (including special education evaluations).

- If applicable, report on services provided to Orchard Farm students during or following a crisis.